ECSD Center for Health and Wellness

Extensive service offerings to spark your health journey:



Prevention

Health Screenings

- Annual Exams
- Blood pressure
- Body mass index
- Cholesterol
- Glucose
- School, camp, and sports physicals

Health Coaching

- Nutrition
- Physical activity
- Tobacco cessation
- Stress management
- Weight loss

Chronic Condition

- Coaching
- Arthritis
- Asthma
- COPD
- Depression
- Diabetes
- Heart health
- Low back pain
- Sleep apnea
- Educational offerings



Sick Visits

- **Bronchitis**
- Common Cold
- Constipation
- Cough
- Diarrhea
- Eye infections
- Headache

- Joint pain
- Sinus infections
- Skin infections
- Strep throat
- Nausea and vomiting
- Nosebleed



Lab Services

Blood work and lab tests processed at the center include hemoglobin A1C, lipid panel, glucose, rapid strep, mono, urinalysis, oxygen saturation, and pregnancy. Additional lab tests can also be drawn and sent to an outside lab for processing.

Privacy

The care you receive by Marathon Health is confidential and protected by state and federal law.

Eligibility and Cost

Employees, spouses and dependents ages 6+ on the Escambia County Public School health plan are eligible to use the ECSD Center for Health and Wellness. Preventive or wellness related visits are free. There is a nominal co-pay for sick visits for benefit-eligible employees not on an ECSD health plan or that are on the HSA plan.

Location and Hours

ECSD Center for Health and Wellness

915 E Fairfield Drive Pensacola, FL 32503 850-444-3400

my.marathon-health.com

Mon, Wed: 6am - 5pm Tue, Thu: 6am - 7pm Fri: 6am - 12pm Sat: 8am - 12pm



